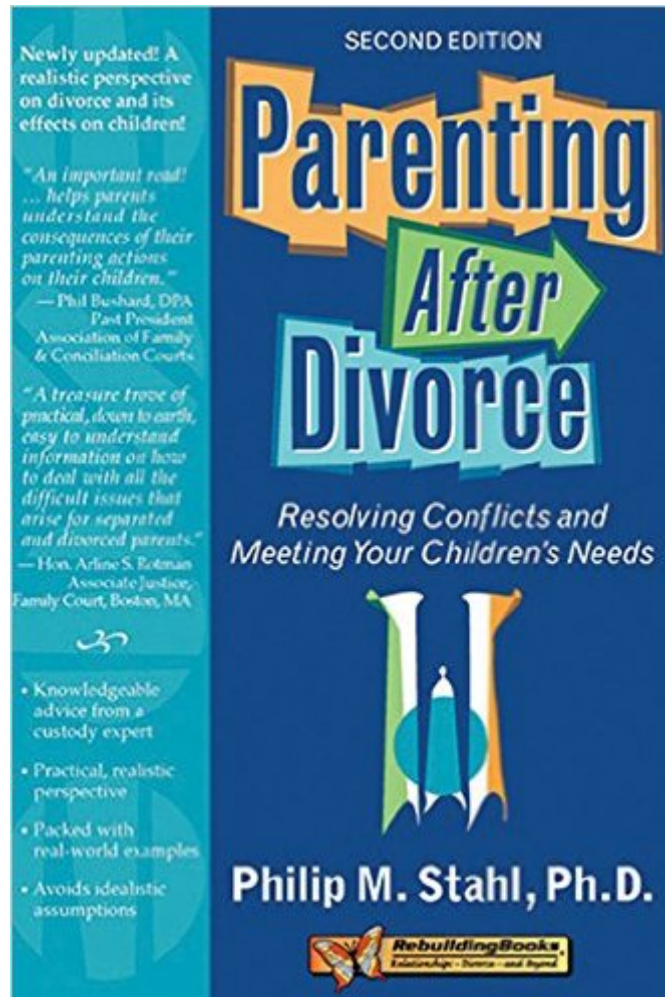


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# Parenting After Divorce: Resolving Conflicts And Meeting Your Children's Needs (Rebuilding Books)



## Synopsis

“Your divorce doesn’t have to damage your children”, Dr. Stahl assures, “... especially if you limit your children’s exposure to your conflicts.” He knows parents are not perfect, and he uses that knowledge to show imperfect parents how to settle their differences in the best interests of the children. This revised and updated second edition features ideas from the latest research, more information on long-distance parenting, dealing with the courts, and working with a difficult co-parent. A realistic perspective on divorce and its effects on children, *Parenting After Divorce* features knowledgeable advice from an expert custody evaluator. Packed with real-world examples, this book avoids idealistic assumptions, and offers practical help for divorcing parents, custody evaluators, family court counselors, marriage and family therapists and others interested in the best interests of the children.

## Book Information

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## Customer Reviews

I have many years experience facilitating divorce recovery workshops and support groups and mediating divorce settlements. I have attended a workshop / seminar conducted by this author. This is one of the best books available on this topic. Divorcing or divorced parents would do their children and eternal favor if they would read and FOLLOW, i.e. LIVE, the advice of this author. I consider Stahl a tremendous resource and a man with a heart.

This is a fantastic book. I read it 5 years after a divorce and really wished they handed it out at the

clerks office to anyone who is filing. It's should be essential required reading for all who are going to put kids through a divorce. Very helpful indeed and found insightful advice even after finding this book late in the process.

Forensic psychologist and high-conflict divorce specialist Philip M. Stahl, Ph.D. presents *Parenting After Divorce: Resolving Conflicts and Meeting Your Children's Needs*, now in a revised and updated second edition. Grounded firmly in real-life experience rather than overly idealistic assumptions, *Parenting After Divorce* covers how to amicably share custody, the importance of keeping the child out of the middle of conflict, the need to take care of oneself (or else one will be in no shape to look after children), dealing with the courts, and much more. Real-world examples help to clarify the key points discussed in this highly accessible and enthusiastically recommended advice guide for divorced parents everywhere.

This book is amazing, I highly recommend this for anyone who has shared parenting with an uncooperative co-parent. This book also came as a suggestion from the court during the implementation of our parenting plan. Its unfortunate that anyone would even need this book, but if your co parent counterpart is as difficult as mine this is a great book teaching conflict resolution.

This is a very helpful book. I think all divorced parents should read it even if there is low conflict. It adds a perspective you can't get elsewhere. In these situations the kids are most important and this perspective helps even if your kids are good communicators. If you have a high conflict divorce this is a must read.

A great book recommended for all parents going through a divorce. I have read it several times over and there is something to take for each and every situation that a divorce can throw at you. Worth the read.

This book is GREAT. I recommend it to everyone who is thinking about or in the process of a divorce, you can't imagine how much it will help you re-think how you handle things.

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*Rebuilding: When Your Relationship Ends*, 3rd Edition (Rebuilding Books; For Divorce and Beyond)  
*PARENTING: Single Parenting For Moms: A Guide in Raising Your Family and Being a Successful*

Mom (Parenting, Single Parent, Single Mother, Parenting Boys, Parenting Girls, Raising kids, Healthy child) The Michigan Divorce Book: A Guide to Doing an Uncontested Divorce Without an Attorney Without Minor Children (Michigan Divorce Book Without Minor Children) Positive Parenting: How to talk to your kids so they listen...Your guide to everything you need to know about positive parenting and raising children to ... Positive Discipline, Parenting Books) Parenting: SINGLE PARENTS' BOOK: HOW TO BE THE BEST MOM AND DAD AT THE SAME TIME! 11 RULES ON HOW TO RAISE GREAT KIDS ALONE (Single, Parenting, Parenting Toddlers, Single Parenting) Marriage: How To Rescue Your Marriage: Proven Advice To Help Overcome Conflicts And Save Your Marriage Forever (Marriage Help, Marriage Advice, Overcome Conflicts, Marriage Book) How To Raise Emotionally Healthy Children: Meeting The Five Critical Needs of Children...And Parents Too! Updated Edition Putting Kids First in Divorce: How to Reduce Conflict, Preserve Relationships and Protect Children During and After Divorce Divorce & Money: How to Make the Best Financial Decisions During Divorce (Divorce and Money) The Child Custody Book: How to Protect Your Children and Win Your Case (Rebuilding Books) Step Parenting 101: How to Be Successful at Step Parenting and Have a Happy Blended Family Forever (Step Parenting and The Blended Family) Blended Families: Steps to Help You Succeed in Step-Parenting and Become A Strong Family (Blended Family, Step Parenting, Parenting-Help) Parenting For Single Mothers: Being A Good Mom And Raising Great Kids (Single Parent, Single Mom, Parenting Boys, Parenting Girls) Meeting Children's Psychosocial Needs Across The Health-Care Continuum DIVORCE: Think Financially, Not EmotionallyÃÂ Volume I: What Women Need To Know About Securing Their Financial Future Before, During, And After Divorce DIVORCE: Think Financially, Not EmotionallyÃÂ Volume II: What Women Need To Know About Securing Their Financial Future Before, During, And After Divorce Rebuilding Urban Japan After 1945 Single Mom: The Ultimate Guide to Single Parenting: How to Be Successful at Single Parenting and Raise your Kids Easily (Single Mom Books) The Divorce Handbook: Your Basic Guide to Divorce (Revised and Updated)