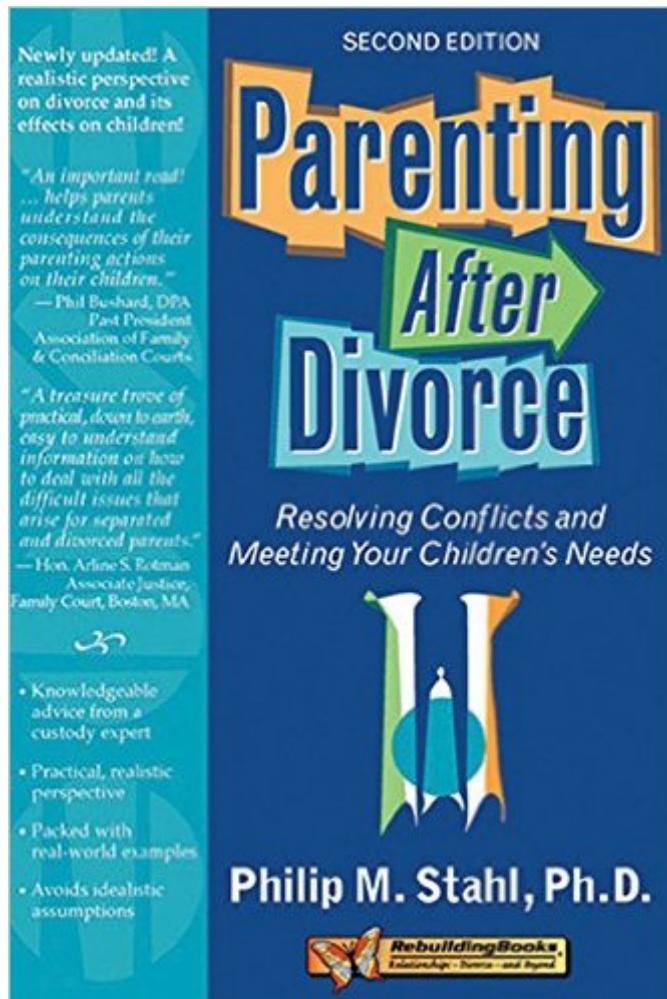


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# Parenting After Divorce: Resolving Conflicts And Meeting Your Children's Needs (Rebuilding Books)



## Synopsis

â œYour divorce doesnâ ™t have to damage your childrenâ |, â • Stahl assures, â œ ... especially if you limit your childrenâ ™s exposure to your conflicts.â • He knows parents are not perfect, and he uses that knowledge to show imperfect parents how to settle their differences in the best interests of the children. This revised and updated second edition features ideas from the latest research, more information on long-distance parenting, dealing with the courts, and working with a difficult co-parent. A realistic perspective on divorce and its effects on children, *Parenting After Divorce* features knowledgeable advice from an expert custody evaluator. Packed with real-world examples, this book avoids idealistic assumptions, and offers practical help for divorcing parents, custody evaluators, family court counselors, marriage and family therapists and others interested in the best interests of the children.

## Book Information

Series: Rebuilding Books

Paperback: 208 pages

Publisher: Impact; 2nd edition (October 1, 2007)

Language: English

ISBN-10: 1886230846

ISBN-13: 978-1886230842

Product Dimensions: 6 x 0.4 x 9 inches

Shipping Weight: 9.6 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 starsÂ ¤ See all reviewsÂ (14 customer reviews)

Best Sellers Rank: #527,255 in Books (See Top 100 in Books) #75 inÂ Books > Law > Family Law > Divorce & Separation #703 inÂ Books > Parenting & Relationships > Family Relationships > Divorce #6935 inÂ Books > Parenting & Relationships > Parenting

## Customer Reviews

I have many years experience facilitating divorce recovery workshops and support groups and mediating divorce settlements. I have attended a workshop / seminar conducted by this author. This is one of the best books available on this topic. Divorcing or divorced parents would do their children and eternal favor if they would read and FOLLOW, i.e. LIVE, the advice of this author. I consider Stahl a tremendous resource and a man with a heart.

This is a fantastic book. I read it 5 years after a divorce and really wished they handed it out at the

clerks office to anyone who is filing. It's should be essential required reading for all who are going to put kids through a divorce. Very helpful indeed and found insightful advice even after finding this book late in the process.

Forensic psychologist and high-conflict divorce specialist Philip M. Stahl, Ph.D. presents Parenting After Divorce: Resolving Conflicts and Meeting Your Children's Needs, now in a revised and updated second edition. Grounded firmly in real-life experience rather than overly idealistic assumptions, Parenting After Divorce covers how to amicably share custody, the importance of keeping the child out of the middle of conflict, the need to take care of oneself (or else one will be in no shape to look after children), dealing with the courts, and much more. Real-world examples help to clarify the key points discussed in this highly accessible and enthusiastically recommended advice guide for divorced parents everywhere.

This book is amazing, I highly recommend this for anyone who has shared parenting with an uncooperative co-parent. This book also came as a suggestion from the court during the implementation of our parenting plan. Its unfortunate that anyone would even need this book, but if your co parent counterpart is as difficult as mine this is a great book teaching conflict resolution.

This is a very helpful book. I think all divorced parents should read it even if there is low conflict. It adds a perspective you can't get elsewhere. In these situations the kids are most important and this perspective helps even if your kids are good communicators. If you have a high conflict divorce this is a must read.

A great book recommended for all parents going through a divorce. I have read it several times over and there is something to take for each and every situation that a divorce can throw at you. Worth the read.

This book is GREAT. I recommend it to everyone who is thinking about or in the process of a divorce, you can't imagine how much it will help you re-think how you handle things.

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